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SHANKARI THE ALCHEMIST



DOING IT...

...With the Divine

Why be a beggar for love?

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Sexual Breathing...

Did you know that everything physical in our world is made up of atoms?

Of course you do.

Do you also know that every atom is actually made up of mostly empty space. That's right... mostly empty space... that is influenced constantly by your intent (or lack of it!)

How do you execute such a fine skill as influencing your environment to create what you want? Isn't that the true nature of magic, as was described earlier in this book?

With the conscious use of your imagination, through clear intent, linked to your breath... anything is possible! We can make a difference... beyond the reach of the politicians, the 1% and those invested in the status quo.

Men and women everywhere can actually participate in the healing of the earth through non invasive, cosmic, sexual pleasure, Doing it with The Divine.... Wow, now that sounds like a win-win to me!

There is nothing more potent when it comes to your personal biochemistry than this combination of elements... the breath linked with the imagination through your own clear intent has the power to provide you with the ultimate sensual satisfaction and never leave you with an emotional debt (or wound).

This same skill may be used in all areas of your life to good effect and is indeed the skill attributed to a magician. How do you create the ultimate orgasmic experience? It's in your hands ultimately!

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As they say about wisdom... knowledge transmuted through the heart by experience, becomes true wisdom. The disciplined breath, directed with intent, instructed by the imagination, expressed with power provides you the potential for profoundly satisfying orgasmic experiences on a regular basis.

In it's most basic quantum form, a true description of the universe is: "Empty space, available to the direction of your intent in each and every moment".

It is a scientific fact that each moment of each day you are influencing all the empty space around you and that energy ripples out into the world... is your contribution graceful, compassionate, content?

Are you influencing your personal world in a positive or negative way in each moment? Are you contributing ripples of joy and sexual elevation, devotion, creativity and inspiration?

Or something else?

Inspiration... to become an inspiration is a positive force upon the earth. Do you know that if you break the word down into its component parts it actually refers to the action of breathing? It has family members in 'respiration', and 'perspiration'.

The 'spir' in inspiration refers to 'the breath of God' or 'spirit'. To be inspired is to be filled with 'the breath of God'... through the power of 'prana', the life force carried from the universe, into the body, on the breath.

As modern mystics we have the opportunity to utilize all the ancient wisdoms of the world, in service to the earth.

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How?

Through the creation of profound orgasmic forces directed for the purpose of powerful healing, creativity, fertility and balance within your own family and out into the greater family of the whole world.

Breathing, imagination, intent... these three skills are well worth developing in your life. If you want to run a marathon you must go into training. If you want to have high sensual, sexual, erotic experiences you need to be healthy and able to hold the force of Kundalini as it passes through your body.

You must know how to breathe with power, how to harness your intent and allow your creativity to flow into the earth plane around you in every moment.

You are influencing it anyway, why not consciously influence it for the betterment of mankind rather than the pursuit of evidence that sends you into powerless, emotional overwhelm.

It's not hard to become healthy and focused if you engage your clear intent.

It is not hard to be comfortable in your own skin if you do not judge others. It is important to take responsibility for yourself on every level.

No one is to blame, nothing is wrong that you cannot change for the better with enough imagination and clear intent.

Only in this manner can you be genuinely free.

Find the way... to become free of all the things you do each day that keep you from experiencing the best in your life. Write a list of them and seriously look at them and what they say about who you are and what

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you are telling the world you want.

I am not a sage, I am a mystic, I am not into abstinence or veganism.

I believe, greed of any form is poison and moderation is the key to balance in all things.

I do not believe I am toxic and therefore need to constantly cleanse. I have never eaten junk food. I am not interested in sweets or chocolates, I like cake but not to the point of indulgence.

I have given birth to five children and now have five grandchildren. I've had a number of abortions and a few miscarriages. (And three husbands) And yet... I do not take a single pharmaceutical drug.

How come?

I am a student of life and a master of breath. I believe in body alchemy. The power of the body to educate us about itself. (My dentist, after a bone graft operation on my jawbone tells me my body heals with the power of a five year old! My secret at the dentist was to throw away the anti-biotics and pain killers.

Instead I had a big wet mixture of fresh pressed aloe-vera and comfrey leaf for inside and outside my mouth, prepared in advance and waiting for me in the car, the journey home from the dentist would take an hour and a half... and for three days, every time I peed ***I drank an egg cup full of my urine***, so my immune system would have the most up to date information on where to send the available resources for best effect.

I healed so quickly he cut the time in half between visits so he did not have to dig my twenty two stitches out from deep within the new flesh on my gum.

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I practice conscious breathing and in the quietness.

I listen to my body...

I know that's a radical thought. I listen to my body and it usually tells me when I have had enough food... (or anything else really). At this point I usually put my fork down because I am so satisfied in my deeper realms (through my world of fantastic heavenly lovers) that I am not addicted to food in any form.

To enjoy great sex it is essential to remain flexible.

Did you know it is a fact that the flexibility of your spine is a perfect mirror for the flexibility of your mind? If you genuinely want to enjoy every moment of your life you must honor your body as if it were the temple of God.

Within this temple you can experience all the great gifts of the Divine. Within the context of your personal temple, growing your authenticity in your own eyes becomes easy. Growing your creativity and compassion as you journey through life is the greatest gift you can give to the world.

Doing so, in fact, places you in the realm of the Gods!

With this energetic platform you can remain vital, healthy and a resource to the world... rather than a dependent upon the good will of others, growing old and sick with resentment.

It is extremely important to love yourself unconditionally. To give yourself permission to fail a few times before you get the hang of anything.... Just ask any millionaire, they will tell you they lost a few fortunes before they really figured it out. Their great advantage was that they did not give up on themselves. Neither should you!

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If you are to become a success at anything that has great rewards there is always a level of risk involved... this is a law of commerce and indeed applies to life.

The level of risk indicates the level or caliber of the reward... In this case the risk of failure is nothing compared to the rewards of success... and it's entirely up to you and your intent to give yourself the best!

To become a true devotee of sexual healing and personal erotic pleasure will perhaps take some time.

It takes courage and experience to adapt new ideas and experiment with all aspects of new thought and actions. Be kind to yourself. Allow a slow evolution into becoming the lover of The Divine Consort.

They are ever present, as close as your breath and as powerful as your intent. They are as forgiving of your failures as you are of yourself, take the plunge...

The complete ebook is available from DoingItWithTheDivine.com on or after May 1st.

Among many her many talents, Shankari is an excellent teacher of new and ancient wisdom.

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